

For pregnant women and new mothers...

Keep yourself and your baby healthy by joining a health plan.

Pregnancy and early childhood are special times for you and your baby. That's why it's so important to get the heath care you both need.

You have a choice

As a member of South Carolina Healthy Connections, you can join a health plan. Health plans offer the same benefits as regular Medicaid, but they also offer extra services that can help you and your baby get better care.

Better care for you and your baby

When you join a health plan, you get to choose your own doctor—for yourself and your baby. If you already have a doctor you like, you can keep them. Simply choose a health plan they work with.

A health plan will help keep you and your baby healthy with regular checkups, childhood immunizations, and any needed tests and advice. Many health plans also offer extra benefits, such as:

- Special programs during and after your pregnancy
- Discounts on nutritional supplements (vitamins)
- Baby items
- Breast pumps for nursing mothers
- Rewards cards
- Discounts on popular weight-loss programs for after your pregnancy

To learn more about the benefits of health plans and how to choose one, visit **www.SCchoices.com**. Or call 1-877-552-4642. We can help you in the language you speak.









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